

# WHY WOULD ANYONE WANT TO PLAY BOWLS?

- Bowls is not a BODY CONTACT sport
- Bowls can be COMPETITIVE or RECREATIONAL
- Bowls is CHALLENGING – it's not as easy as it looks!
- Bowls has NO AGE RESTRICTION – from 9 to 99 years old can play!
- Bowls is a sport that is AVAILABLE all over South Africa
- Bowls offers FREE COACHING for beginners
- Bowls teaches CONCENTRATION
- Bowls has NO GREAT HEALTH RISK through injury
- An INDEPENDENT ASSESSMENT of your bowling ability is available
- Bowls as a sport WELCOMES EVERYONE, irrespective of gender, colour or creed
- Bowls is a WELL ORGANIZED sport
- Bowls is a wonderfully SOCIAL sport – entertainment and dinners are regularly enjoyed by Club members
- Bowls is a fairly INEXPENSIVE sport

## THE GAME

Bowls is played with a contoured, weighted bowl that will not roll in a straight line. The object is to get as many of your bowls nearer the little white ball (the jack) than your opponent. A game lasts about 2.5 hours. Skill, technique and experience are developed by players, although bowlers of all levels of competence can enjoy a game at the same time.

## EQUIPMENT

Good Greens are most important and this is why bowlers wear flat soled shoes to protect them, If you decide to take up the sport, a new or second hand set of bowls can be bought. The Clubs owns jacks, mates, scoreboard and other necessary equipment.

## THE PLAYERS

Both men and women play bowls. It is a great game for single persons, couples and friends. The younger you start, the better, as most international players are in their thirties. Old and young can play together and even poor health of physical handicap should not prevent one from trying.

## AREAS OF COMPETITION

Social Club games are regularly arranged and the more competitive bowlers can enter district or national competitions.

**WE'LL TELL YOU ABOUT THE GAME!**  
**WE'LL MEET YOU AT THE GREENS!**  
**WE'LL LEND YOU THE EQUIPMENT!**  
**WE'LL ARRANGE FREE TRAINING!**  
**WE'LL EXPLAIN HOW LITTLE IT COSTS!**

# YOU CAN BE A LAWN BOWLER

## LOW ANNUAL COSTS

The annual subscription fee and affiliation fees are very low compared with other sports.

## NATIONAL AND INTERNATIONAL

With over 600 Clubs nation wide, Bowls SA is responsible for national organisation of the sport. Bowls is popular in many countries and every four years they take part in the World Championships and Commonwealth Games.

## BENEFIT

Bowls offers exercise, with mental stimulation and wonderful social interaction. It is the ideal way to make friends wherever you go!

## WELCOME TO BOWLS

This pamphlet is distributed by:

---

CLUB

---

ADDRESS

To learn more and become exposed to the super people who belong to our Club, please call:

---

NAME

---

NUMBER