Western Province Bowls

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6th July 2022

WP Bowls Circular 2022-32

Level 1 (new) Coaching course

To: All Club Presidents

All Existing Coaches

Dear Mr / Madam President

The District Standing Committee for Coaching is making an all-out drive to encourage players from all clubs to become coaches. It is vital that all clubs have at least 2 coaches to ensure the growth of bowls in our district in terms of numbers and in terms of the standard of bowls played.

We are appealing to you, as President of your club, to approach certain members who you think may be good coaches, to consider this course. The candidate should have the following characteristics:

- Be a friendly, dedicated, inquisitive and self-motivated person,
- Have a reasonably good understanding of the game of bowls,
- Eager to learn new skills, or use existing skills to enhance Bowls,
- A good Club "citizen" (role model) who would be prepared to give up their own time for the growth of bowls.

Coaching is never static and evolves with the times through constant improvements and innovations. The Level 1 Coach initiates the new and future players into this wonderful game and must be able to analyse the technique of players and suggest improvements so that the player can achieve optimum results. This Level 1 training course is specifically focussed on the coaching of new players.

Candidates need to attend a 2-day course, held over a weekend, where they will receive appropriate training, with post course assessment to be completed within 2 months of the course. Should the candidates be successful, they will be qualified for four (4) years, after which they will be expected to attend a refresher course or upgrading course dependent on their personal requirements. The basic entry requirements are:

- A minimum of three (3) years bowling experience
- Support of their club
- A good understanding of the Laws of the Game

OR existing coaches who qualified more than 4 years ago, could attend the course as a refresher, especially if they want to upgrade in the next few years.

The details for the next Level 1 Course are as follows:

- Dates: Interviews — to be arranged once candidates have registered
  Course — 6th and 7th August 2022
  ½ Day Follow-up — to be arranged by all candidates on the course
- Time: 09:00 - ±17:30 each day
- Venue: Durbanville Bowling Club
- Cost: R650-00 per candidate, to be paid directly to the District Office, for the following:
  - ✓ R450 – Lawn Bowls Coaching (to be collected/mailed from District Office)
  - ✓ R25 – Introduction to Bowls or Inleiding tot Rolbal (to be collected/mailed from District Office)
  - ✓ R50 –Certificate & badge
  - ✓ R125 - Printing, teas & green fees.
  - ✓ In addition, the candidate should have copies of the latest editions of the *Laws of the Game* & *Etiquette of Bowls* – available from the District Office.

Western Province Bowls Association | NPO 180-192 | P.O. Box 41, Howard Place, Pinelands, 7450

President: G van Milligen | **Vice:** M Douglas | **Treasurer:** J Griffiths | **Executive:** M Gibbs, J Phillips, M Kirsten, A Carstens, T Bright, N Solomon | **Finance:** D Vermeulen | **M & M Manager:** T Bright | **Administration**: C Nurrish

Candidates are expected to bring their own lunches (to keep costs down).

- Application: To apply for this course, please follow the instructions attached. The course number is **675**

  The **closing date** for the applications is **28th July 2022**.

A minimum of 8 candidates will be necessary to hold the course. Please provide a copy of this circular, preferably electronically if on-line form to be used, to all applicants in your club. Please contact the undersigned for further information.

Please contact your Club Liaison Coach or the undersigned for further information.

Yours sincerely

Jenny Griffiths

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