Western Province Bowls

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WP BOWLS CIRCULAR 2025-80

WP BOWLS ACADEMY COACHING SQUADS

WP Bowls established the WP Bowls Academy towards the end of 2024. The Coaching Framework including various squads was developed to coordinate the various bowls development initiatives in the District.

Please see a summary of dates for the various squad activities below. This is applicable to all players and can be circulated for information and action.

- **1st Saturday of the month: High-Potential Squad** (venues tbc)

This is by invitation only – this group was started for players invited to WP Trials but were not selected for WPB Blue Squad (Open, B, Vets and Disa). Further analysis and examination is required that will allow club selectors to propose new talent in their clubs to be invited in future. If a session cannot be arranged, it will become an online session the following Monday at 19h15 for 45 minutes.

- **2nd Saturday of the month: Youth Squad @ Pinelands Bowling Club**

This is open to any youth bowler (under 25 years old) or any player interested in working with youth bowlers. For more information, please contact Jenny Griffiths at WPBYouthBowls@gmail.com.

- **3rd Saturday of the month: Z-Pool** (venues tbc)

This is open to any player who aspires to improve their bowls. If a session cannot be arranged, it will become an online session the following Monday at 19h15 for 45 minutes.

- **4th & 5th Saturday/Sunday of the month: Blue Squad** (selected players)

These sessions are typically coordinated with the Men's and Ladies' Selection Convenors, and the coaches are there to support the preparations for the practice matches against Boland and the overall preparations for Inter-Districts. Similarly, if collective sessions are not possible, an online session will be held the following Monday at 19h15 for 45 minutes.

The overall goal of all of these squads is to provide an opportunity to receive input (technical, tactical, mental performance and related topics) to improve every bowler's game. These sessions typically start with a 30-45 minute interactive discussion about a specific topic, with a further 60 minutes of practical skill drills for the bowlers to put the topic into practice e.g.: concentration.

Online sessions will cover the same topic with guidance on the practical skills drills that can be practiced in the bowler's own time.

Western Province Bowls Association | NPO 080-192
President: A Harland | **Vice:** M Kirsten | **Treasurer:** J Calvert | **Executive:** A Black, E Douglas, J Cochrane, M Gibbs, N Taljaard
Administration & Finance: D Phillips | **Competitions**: P Dockendorff

We trust that this explains the various squads in a bit more detail and we look forward to seeing many bowlers joining in with the goal of improving their bowls!

For any questions, please contact Eddie Phillips, WP Bowls Coaching Convenor at WPBCoaches@gmail.com

Regards,



Jonathan Cochrane
WP Bowls Executive Member