



YOUTH DEVELOPMENT CLINIC

28-30 April 2021

PROGRAMME INCLUDES:

- Introduction to bowls for new players
- Communication skills
- One-on-one coaching for new & experienced youth bowlers
- Physical fitness exercises
- Games with experienced District players
- Teamwork
- Skills development
- Sport etiquette & game rules

**PLUMSTEAD
BOWLING
CLUB**

**09h00
till 12h30**

**R100 for 3 days
(snacks included)**

TAZ BRIGHT ☎ 074 118 2753